



Siletz Tribe, American Indian organizations partner on historic affordable housing project in Portland that targets urban Native population

PORTLAND, Ore. – A collaboration between the Native American Youth and Family Center (NAYA), the Native American Rehabilitation Association of the Northwest (NARA NW), Community Development Partners and the Confederated Tribes of Siletz Indians will create 59 units of affordable housing in Portland’s Cully Neighborhood.

The historic project, Nesika Illahee, meaning “Our Place” in the Chinook language, is the first time the partners have come together to construct affordable housing for Tribal members and other Native families in Portland using generous funding from the Siletz Tribe’s Indian Housing Block Grant. Those funds have generally been used for affordable housing activities within reservation lands.

The project’s groundbreaking ceremony was held Nov. 20 at 6300 NE 42nd Ave. in Portland.

“We are very pleased to partner with NAYA and NARA and provide Siletz Tribal members with the opportunity for affordable housing in the Portland area. This will benefit Tribal citizens for many years to come,” said Siletz Tribal Chairman Delores Pigsley.

NAYA and NARA will partner on delivering onsite behavioral health, dental and recovery services, as well as referral to NAYA’s center-based services located less than a mile away.

“Displacement is a major problem in the Native American community due to increasing rental and housing costs and low household incomes. Nesika Illahee will be a step towards bringing Native community members closer to NAYA,



Photo by Diane Rodriguez

Leaders of the many programs involved in the Nesika Illahee housing project ceremoniously break ground on Nov. 20, including (l to r), Bekah Sabzalian, Meyer Memorial Trust; Elisa Harrigan, Meyer Memorial Trust; Rich Rodgers, CDP; Eric Paine, CDP; Brian Carleton, Carleton Hart Architecture; Michael Watkins, NARA; Delores Pigsley, Siletz Tribe; Wesley Thompson, Aegon; Eddie Sherman, NAYA; Sami Jo Difuntorum, Siletz Tribe; Paul Lumley, NAYA; Margaret Salazar, State of Oregon; Ted Wheeler, City of Portland; Alissa Keny-Guyer, state legislator; Ian Davie, Home Forward; and Tawna D. Sanchez, state legislator.

the historic site of the Neerchokikoo Tribal village. We are excited to bring an opportunity for Native Americans to return to what is now the Cully neighborhood while meeting their urgent need for housing,” said Paul Lumley, NAYA executive director.

Eric Paine, chief executive officer of Community Development Partners, the project’s developer, said, “CDP is elated to be working with our partners in bringing this important community that will serve Native American residents to fruition. Providing high quality housing that is

permanently affordable alongside robust ongoing programming is the foundation of CDP’s mission.”

The development was designed by Carleton Hart Architecture and will be built by LMC Construction.

See Nesika on page 12



Courtesy photo

Junior Lane and Ed Ben, the Tribe’s two remaining World War II veterans, attend the announcement of the National Native American Veterans Memorial, to be built on the grounds of the National Museum of the American Indian in Washington, D.C. Groundbreaking is set for September 2019 with the dedication of the memorial in November 2020.



Photo by Diane Rodriguez

At the Siletz Tribal Restoration Pow-Wow on Nov. 17, the Tribe’s CARE Program coordinated special dances in honor of missing and murdered indigenous women, as well as honoring survivors of domestic violence and sexual assault. Here, participants enter the dance arena in the first of those dances.

See more pow-wow photos on pages 9-11.

WWII trip to Washington, D.C.

Bud Lane and I accompanied our two WWII veterans, Ed Ben and Alfred Lane Jr., to Washington, D.C., to attend the kick-off of the National Native American Veterans Memorial that will be built on the National Mall (see page 1). Our veterans were well-received by many acknowledging their service, taking pictures and asking for autographs.

Tribal Veterans Representative Tony Molina also attended. They toured the monuments on the mall and had a special tour of the U.S. Capitol.

Restoration

We celebrated 41 years of Tribal Restoration at Chinook Winds Casino in November. Gov. Kate Brown was our guest speaker for the event.



Throughout her career, the governor has worked with Tribes both inside of government and outside. She understands our history, Tribal sovereignty and the issues facing Tribes in Oregon.

We are so proud that she is a friend of the Tribe and that she was able to join us on this special day. She spoke of Tribal accomplishments and Tribal initiatives.

NAYA – Portland

Working with Paul Lumley, executive director of the Native American Youth Center (NAYA), the Native American Rehabilitation Association, the city of Portland and other programs, our Housing Director Sami Jo Difuntorum successfully negotiated an extraordinary agreement to build homes in Portland, Ore., that will greatly benefit Tribal members and members of other Tribes (see page 1).

Chemawa totems

The Tribe collaborated with the Lummi Tribe in Washington to bring a totem to the Chemawa Cemetery to honor those students and employees who are buried at the cemetery. Jewel James and Fred Lane from the Lummi Tribe took on the task of crafting the totem, which turned out to be two totems and a bench that would be erected at the cemetery (see left photo).

The plan was to dedicate the totems and place them in the cemetery when the school celebrated its Veteran's Day Pow-Wow. We learned, however, that the Bureau of Indian Affairs must approve the process because of the status of the land.

We now plan to have a dedication when Chemawa celebrates the school's birthday in February 2019. We greatly thank the Lummi folks, Fred Lane and Jewel James, and Jewel's family for making the journey and carving the beautiful totems.

LCIS – Karen Quigley resignation

Karen Quigley, the executive director for the Legislative Commission on Indian



Delores Pigsley

Services (LCIS), announced her retirement effective Dec. 1, 2018.

We are sad to see Karen leave as she has been a strong presence for Tribes at the state Capitol. We wish her well in her retirement.

U.S. Attorney Consultation

The Tribe spent a few hours in consultation with U.S. Attorneys Billy Williams and Tim Simmons. Subjects included cannabis production and rules, etc.; Oregon's sanctuary status; Tribal rights and sovereignty; the Violence Against Women Act; and law enforcement.

TICC Board of Directors Vacancies

Résumés are being accepted for the Tenas Illahee Childcare Center Board of Directors. Currently, there are two vacant board positions.

If interested, please submit your résumé to Siletz Tribal Council, c/o Executive Secretary, P.O. Box 549, Siletz, OR 97380-0549.

Vacancies are open until filled.

Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to *Siletz News*.

Name: _____

Address: _____

Phone: _____

Change of address: Tribal members – contact the Enrollment Department at 541-444-8258; 800-922-1399, ext. 1258; or enrollment@ctsi.nsn.us. All others – call the newspaper office.

Send information to:

Siletz News
P.O. Box 549
Siletz, OR 97380-0549
541-444-8291 or
800-922-1399, ext. 1291
Fax: 541-444-2307
Email: pias@ctsi.nsn.us

Deadline for the January issue is Dec. 10.

Submission of articles and photos is encouraged.

Please see the Passages Policy on page 20 when submitting items for Passages.



Member of the Native American Journalists Association

Nuu-wee-ya' (our words)

Introduction to the Athabaskan language

Open to Tribal members of all ages

Siletz

Siletz Tribal Community Center
Dec. 3 – 6-8 p.m.
Jan. 7 – 6-8 p.m.

Eugene

Eugene Area Office
Dec. 4 – 6-8 p.m.
Jan. 8 – 6-8 p.m.

Portland

Portland Area Office
Dec. 10 – 6-8 p.m.
Jan. 14 – 6-8 p.m.

Salem

Salem Area Office
Dec. 11 – 6-8 p.m.
Jan. 15 – 6-8 p.m.

Classes begin with basic instruction and progress over the year. They also are a refresher course for more-advanced students. Come and join other members of your community and Tribe in learning to speak one of our ancient languages.

We also have equipment in the Cultural Department available for use in grinding and drilling shell or pine nuts or other applications. If you need to use the equipment, call the number below to set up an appointment.

For more information, contact Bud Lane at the Siletz Cultural Department at 541-444-8320 or 800-922-1399, ext. 1320; or e-mail budl@ctsi.nsn.us.

Sign up for health insurance if you don't have any

By Starla Brown, Patient Benefits Coordinator

Patient Benefits

- It's not too late to enroll in OHP (Oregon Health Plan) or a marketplace plan. I can help!
- Letters were sent to people who didn't have insurance showing in their chart. If you received one, please follow up with me. We may not have your insurance information or it could have been sent in error. These letters were sent to Tribal

members and community members who use the clinic. If you receive any kind of letter, email or call from me, I recommend making contact. I am here to help you keep your health coverage, including Purchased/Referred Care, formerly Contract Health. Most of the time when people lose coverage, it's because they have moved and did not update, didn't follow up with correspondence from the Oregon Health Authority or simply because a signature was missed. It is crucial to update any changes.

- Starting January 2019, all clinic patients without insurance will be required to apply for the Oregon Health Plan.
- For a name to be changed legally, it must be changed with the Social Security Administration. This includes name changes done in Tribal Court.
- Medicare letters should be coming soon! Remember to get them to Sara Bell-Tellez at 541-444-9670 or 800-648-0449 to update your reimbursement.



Starla Brown File photo

Ask Raven: Considering inpatient residential treatment

Dear Raven: I have a family member struggling with addiction. Why should we begin considering inpatient residential treatment?

The goal of inpatient treatment is to create a foundation for the individual that includes learning healthy coping skills, enhancing ability-to-communicate skills

and finding a support system that will help them live a life in recovery.

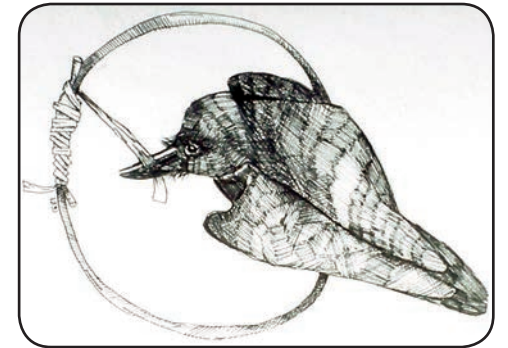
Once in residential treatment, individuals and counselors develop a treatment plan. This consists of specific areas to work on, e.g., learning healthy coping skills, learning relapse prevention skills and tools, physical health, mental health, healthy boundaries and goals directly

related to giving our clients the best chance to succeed in post-residential treatment. Residential allows clients to get intensive support and service to work on their treatment plan, which they often cannot get outside of this structure.

Residential facilities like NARA (Native American Rehabilitation Association) incorporate culture into their treatment, while others can offer trauma-based therapies. Each residential place has certain strengths that can be beneficial to a person and it's best to discuss your options with Tribal Behavioral Health staff.

People of all backgrounds and life circumstances attend these residential facilities, which often help individuals understand they are not the only one struggling with drug addiction and or traumatic life experiences. Residential treatment gives them an opportunity to access tools and support in order to work on themselves outside of the chaos that has often become their lives.

Once people complete residential treatment, they can access various resources.



The Siletz Behavioral Health Department has a team of people who are willing to help get individuals into treatment and help with housing options afterward.

Our only motivation is to help our people, our families and our community. We must heal from within. There are no quick fixes, but as a department backed by this community we can begin and continue the healing process. This department is staffed by our people for our people.

If you or a family member is struggling with addiction, you are not alone. Please reach out for help. Call Siletz Tribal Behavioral Health at 541-444-8286 or 800-600-5599.

Save the Date

January 2019 Planning Community Meetings

Jan. 10 @ the Eugene Area Office


Jan. 17 @ the Siletz Tribal Community Center

Jan. 24 @ the Salem Area Office

Jan. 31 @ the Portland Area Office

All meetings start at 5:30 p.m.
Refreshments will be available.

Culture Craft Night
Nee-Dash 'vm-nitlh-ts'it
(Feather Dance we are learning)



Come and learn to dance our traditional dances. The Feather Dance is handed down to us from our ancestors. Come and learn about our ancient dances and protocols. Tribal members and their families welcome.

<p style="text-align: center;">Siletz</p> <p style="text-align: center;">Tribal Community Center Dec. 3 • 5-7 p.m.</p> <p style="text-align: center;">Eugene</p> <p style="text-align: center;">Eugene Area Office Dec. 4 • 5-7 p.m.</p>	<p style="text-align: center;">Portland</p> <p style="text-align: center;">Portland Area Office Dec. 10 • 5-7 p.m.</p> <p style="text-align: center;">Salem</p> <p style="text-align: center;">Salem Area Office Dec. 11 • 5-7 p.m.</p>
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Elders Holiday Party will be held at the Siletz Tribal Community Center on Dec. 7 at noon.


Elders Council Meeting
Dec. 8 • 1-4 p.m. • Chinook Winds Casino Resort

For more information, contact the Elders Program at 800-922-1399, ext. 1261, or 541-444-8261.

Culture Craft Nights
Rope/String Making

<p style="text-align: center;">Jan. 7 • 5-7 p.m. Siletz Tribal Community Center</p> <p style="text-align: center;">Jan. 8 • 5-7 p.m. Eugene Area Office</p>	<p style="text-align: center;">Jan. 14 • 5-7 p.m. Portland Area Office</p> <p style="text-align: center;">Jan. 15 • 5-7 p.m. Salem Area Office</p>
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Siletz Tribal members and their families are invited to come and learn how to make string and rope the old way. All ages are welcome. Young people under age 10 need an adult to accompany and assist them. The Siletz Culture Department will provide material and instructors. If you have your own materials, please bring them. Contact: Bud Lane, budl@ctsi.nsn.us; 541-444-8320 or 800-922-1399, ext. 1320. Sponsored by the Education and Culture Departments



Ball joins Shakespeare festival in Native outreach role

Chee-la dee-la ha~Amber Ball waa 'vm-nvsh-shi'! Dakubetede, Shasta, Modocni-Klamath and I am a citizen of the Confederated Tribes of Siletz.

I am a University of Oregon alumna with a bachelor's degree in theatre arts and Native American studies. I am proud to announce that I am the new Native/Indigenous audience development associate for the Oregon Shakespeare Festival in Ashland, Ore. I will specialize in Native/Indigenous community outreach and also

ensuring relationships with our federally recognized nine Tribes of Oregon.

My goals are to share the wonders of theatre arts with all generations and to inspire our youth to find their passions in life. I am beyond thrilled to be joining OSF for this upcoming 2019 season because The 1491s' world-premiere play *Between Two Knees* will be staged here in Southern Oregon.

Thank you to everyone who has supported me in my journey.

Shu' 'aa-shi nun-la, I am thanking to you all!

Amber Ball

Courtesy photo



By Savanna Rilatos for Brown University's Facebook page; originally posted Oct. 24, 2018

When I was choosing a college, I knew I had to choose somewhere that was worth leaving my Native community, my Tribe and my people for four years. Picking up and moving from my reservation that I lived on for 18 years, disconnecting from my culture and practices that I was raised under and leaving my entire family back in Oregon, 2,600 miles away, was the hardest decision I've ever had to make, but I'm glad that I did.

I chose Brown for many reasons but one of the biggest was the open-curriculum. It has allowed me to build my own learning experience, giving me the power and agency to take courses I loved in Ethnic Studies, while simultaneously earning a Political Science degree to become a powerful political voice to change the world for Indian Country.

Attending a school as great as Brown has also given me a platform to be a role model for our Tribal kids back home in my 1,200-person rural town, showing them that anything that they set their minds to is possible.

Being Native and homesick is so much more than just being homesick. I've missed two years and counting of Nee-Dosh ceremonies, Run to the Rouges (where we run back to our homelands) and Restoration Pow-Wows (celebrating our restoration). I haven't been able to hug my family through many tragedies.

I also have deep connections to my homeland, my ancestors walked amongst it, our traditional foods grow there and it

is so much more than just a place in which I live - I miss it often.

Being at Brown, learning from some of the best professors in the world and studying amongst such accomplished and incredible people is truly a blessing that I wouldn't change for the world, but to do so I have to sacrifice bits and pieces of who I am and disconnect from my ways of life daily.

With that being said, what has really kept me at Brown is the overwhelming support and resources that I've been given here, like a voucher to fix my broken laptop, a plane ticket home to visit my sick Grandpa and financial help to get necessary health testing done.

There are so many different people looking out for me and making sure that I have what I need to thrive, emotionally, physically and spiritually. These things have been so integral to my experience at Brown and my capacity to succeed, push through my identity struggles and triumph over my hardships.

On top of that, even across the United States, I am able to find little bits and

pieces of home all over this campus, like within Native and Indigenous Studies at Brown, the Brown Center for Students of Color, the Ethnic Studies Department and Natives at Brown.

When I'm in the kitchen of our Native house making stew and frybread with my Indigenous friends, cracking jokes and laughing hysterically, I feel closer to home than ever and realize that Brown is where I am supposed to be.

And during our Indigenous Peoples Day celebration, where we gather to honor the Indigenous peoples of this land and reject a colonial holiday that celebrates the genocide of my people, I am reminded of just how special of a place I am at and the power that I hold to continue shaping this university into a better place for me and people just like me.

Shu'-'aa-shi nin-la (thank you)

Savanna Rilatos '20, Confederated Tribes of Siletz Indians
Concentration: Ethnic Studies and Political Science
#Whybrown #brownuniversity

Healthy winter holiday strategies to cope with food temptations

By Nancy Ludwig, Dietitian

As part of my role as a consultant nutritionist to Siletz Tribal Head Start, I offer information for families. This segment focuses on how we handle the "extra eating" that tends to happen in the winter when we experience more darkness, more time inside and for many, more parties and events.

December is often a time when people eat more sugar from cookies, cakes and candies in the name of celebration. December is also a time when people often put on extra weight from the extra calories.

I believe it is important to enjoy our food, but ideally my goal is to encourage people to enjoy nourishing foods. With this in mind, I encourage you to think about what habits you want to have this winter and how you want to cope with temptations.

In setting the stage for success, it is important to reflect, anticipate, be conscious of and learn while truly celebrating with gratitude.

Reflect: What is important to you around holidays and parties? Is food the focus? Is there any mindless or compulsive eating going on? What traditions are meaningful and healthy; which ones can be modified? What examples do you want to set for your children?

Anticipate: Make a plan in advance. When the event includes food, offer to bring something you will feel good about eating and serving to children. If the food feels important but isn't healthy, plan to be satisfied with a reasonable portion and savor every bite. If the food is not important, change it and insert a new food or behavior.

Be careful about beverages and the sugar they contain. You may need to bring your own beverages. Vegetables are your friends – be discriminating with dips.

Be conscious and learn: Be mindful in the moment now. Each day we make more than 200 food-related decisions – 90 percent of them we aren't even aware of (from *Mindless Eating* by Brian Wansink, Ph.D.).

I believe that "each" bite or sip contributes to the overall impact on our health. Habits are mindless behaviors. When we form better habits through awareness, we can move from "mindless overeating" to "mindless better eating". Like it or not, adults are role models for children and eating behaviors continue in generations if not changed.

Celebrate with Gratitude: Remember what you are celebrating. Cherish friends and family, enjoy meaningful conversations and remember to feel good about the incremental changes you make (and model for your children). Gratitude

goes a long way in improving how well we receive our food to support our health.

Make Your Own Fruit and Nut Bars

Step 1: Figure out what ingredients you like and put them all together. Chop the entire mixture up in the food processor.

Step 2: Roll the dough into a ball and then place the dough between 2 sheets of wax paper and roll it flat (a thin bar is a seemingly bigger portion with less of a sugar load).

Step 3: Cut it into bars or festive shapes with cookie cutters and store them in rigid airtight containers. They last at room temperature for several days and they last for up to several months in the refrigerator.

The trick is that whatever amount of dried fruit you choose, use about the same volume of nuts/seeds or less. Dates (specifically Medjool) offer the best consistency. If the fruit, nuts or seeds are very dry, you may need to add up to 1 teaspoon of water to the dough in order to form a ball.

Festive Fruit and Seed Shapes

These bars contain no nuts and can be rolled or flattened to create festive and crafty snacks with a cookie cutter. Sprinkle or roll in shredded coconut,

carob, cocoa powder or cinnamon. Winter snowballs can be created with coconut.

- ½ cup dates, pitted
- ½ cup dried apricots and/or cranberries, dried, sweetened w/apple juice
- ½ cup pumpkin seeds, raw or roasted
- 1/3 cup sunflower seeds, raw or roasted
- 2 tablespoons sesame seeds, raw or roasted

Sugar Cookie Bar

Some say these cashew bars taste like sugar cookies

- 1 cup dates, pitted
- 1 cup cashews

Winter Rainbow Bar

These flavors and colors are reminiscent of Christmas.

- ½ cup dates, pitted
- ½ cup cranberries, dried and sweetened
- 1 cup pistachio nuts

Siletz Tribal Head Start offers my time at no cost to you to support family nutrition over the telephone. If you have questions or nutrition concerns about your Head Start child, please contact your teacher and ask to speak to the nutritionist.

Healthy Traditions



For more Healthy Traditions information: 541.444.9627 or kathyk@ctsi.nsn.us

Clamming & Mussel Season!

**Harvesting Mussels and making Chowder!
Saturday, Jan 19th, departing at 3pm
Contact Healthy Traditions to sign up:
541-444-9627 or kathyk@ctsi.nsn.us**

**** Tribal Shellfish license required prior to signing up**

Willamette Falls is a special place to the Siletz Tribal members and their families.

If you are interested in going to get eels, are not able to physically go but would like to get eels, please contact me. We would like to know how many people would like to get eels.

Please contact me to get on a contact list so we can plan for 2019!

Contact Healthy Traditions at 541-444-9627 or kathyk@ctsi.nsn.us



Willamette Falls is one of the few places with harvestable eel populations and where we gather during the daytime.



Eel Cleaning

Raymond Ben and Dillon Blacketer demonstrating cleaning eels and helping to teach!

Gardening

Siletz Community Garden

Located on West Buford Avenue, Siletz, OR

To sign up for a plot, contact Healthy Traditions at 541-444-9627 or kathyk@ctsi.nsn.us

Become a Program Volunteer!

Healthy Traditions is most successful when we have people that love to be involved, helpful to others, and learn more about traditional foods and other activities our programming provides. Would you like to help with gardening, hiking, foraging, cutting trails, removing invasive species, plant native plants on tribal lands? Volunteering will help you to learn, and enhance our program!

Contact Healthy Traditions at 541-444-9627 or kathyk@ctsi.nsn.us





Siletz Community

Like us on Facebook! @SiletzHealthClinic

**“What is PRC?
I thought I called
Contract Health.”**



NEW!

Contract Health Services (CHS)

is renamed

Purchased Referred Care (PRC)

1-800-628-5720 for Questions

Events

December 6th & 20th
Native STAND
Siletz Clinic - Behavioral Health
5:00 - 7:00pm

December 12th
“Letting Go” Ceremony
Dance House
5:00 - 7:00 pm

December 13th
Diabetes Luncheon
Tribal Community Center
12:00 - 1:00 pm

December 24th & 25th
Tribal Holiday
Tribal Offices Closed

Is smokeless tobacco a safe alternative vs. smoking?

Smoking is a serious health risk and one that can have countless negative impacts on our health. Of course everyone would stop if they could, but the unfortunate reality is that smoking is also addictive and sometimes this can make it seem impossible to kick the habit. One solution many people turn to is to try something different. It isn't the smoking itself that is addictive you see, rather it is the nicotine which causes a release of dopamine in the brain and encourages neurotransmission resulting in a 'high' that we begin to crave. One strategy that some people will use themselves is chewing tobacco – which contains nicotine but doesn't involve inhaling anything into your lungs.

Types of Chewing Tobacco—Chewing tobacco goes by many names: smokeless tobacco, chew, snuff, snus, pinch, dip and more.

Is Chewing Tobacco a Safe Alternative?

The addiction to cigarettes you see goes deeper than just the physical addiction to tobacco – it's also a psychological addiction. It becomes a habit and it becomes a crutch that many use to lean on emotionally. If you are used to going outside for a ten minute break and lighting the end of a match then you will be used to the warmth this creates, to the feel of the cigarette in your mouth – generally to the entire rigmarole and culture and not just the chemical kick. As a result chewing tobacco just can't cut it. And unfortunately there are more serious problems revolving around the fact that chewing tobacco is actually still very bad for you. You can change to chewing tobacco and think that you're curing yourself of smoking, but in fact you are just replacing one dangerous and damaging habit for another.

Addiction

The big problem with chewing tobacco is that it actually results in your taking in more tobacco than a cigarette. This occurs because you leave the chew in your mouth for a longer time, this causes you to get a steady stream of nicotine throughout the day. In other words your body becomes accustomed to getting more nicotine and getting a constant flow of it.

Cancer

There are over thirty different cancer-causing agents in chewing tobacco. You will be less likely to experience lung cancer because these won't make it to your lungs, but the chances of getting it in your mouth, throat, cheek, gums, lips, jaw or chin are increased as the substance will spend much longer here. This can be fatal, or if you have to have it removed it can result in serious disfigurement in the mouth area. Pancreatic cancer and kidney cancer are also more likely. To drive home just how dangerous chewing tobacco is, look inside your mouth. If you already chew tobacco then you might see that there are some tiny white lesions there. These tiny white lesions are called leukoplakia and are 'precancerous' and if you continue these lesions can grow and become cancerous.

Heart Problems

Chewing tobacco speeds up your heart rate and increases your blood pressure. This then increases your chances of heart problems and circulatory diseases. You are more likely to experience poor circulation leading to nerve damage, cold extremities, lethargy and more, and you are more likely to suffer a heart attack or stroke.

Neither chewing tobacco nor smoking are advised and both can lead to serious problems. They are both addictive, unattractive, unsocial and frankly expensive. More importantly both can lead to various forms of cancer and heart disease. While you won't get tar in your lungs or blood stream with chewing tobacco, higher amounts of nicotine and the long amount of time the substance spends in your mouth means that addiction and mouth cancer is actually even more likely.



Health Department



Thank you for supporting DVAM!

The Siletz CARE Program would like to thank everyone who participated in the Domestic Violence Awareness Month activities in October. The CARE team asked CTSI staff and community members to wear purple on Tuesdays and hosted weekly ribbon skirt making activities. We also had two strong Siletz women graciously agree to share their powerful stories of resiliency and healing with us at the Dance House. We finished the month of October with a healing sweat for those affected by trauma. If you are interested in getting involved with our next healing event, we will be hosting a "letting go" ceremony on **December 12 at the Dance House from 5pm-7pm**. It will be a great opportunity to let go of anything you may be holding on to from 2018 and start 2019 off in a good way. We will be making prayer ties and writing letters which can be burned or kept as you choose.



We would like to give a special thanks to Tina Retasket and Kathy Kentta for teaching us all how to sew, and Ron Butler Jr. for helping us with ceremony.

You can reach us at:
Office: 541-444-9680

CARE Program services are strictly
CONFIDENTIAL

24 Hour Hope Line:
541-994-5959

It's Flu Season - Protect Yourself!

American Indians and Alaska Natives (AI/ANs) are at high risk for flu complications

A yearly flu vaccine protects yourself and others around you

Flu is a leading cause of pneumonia

Flu and pneumonia rank among the top 10 causes of death for AI/ANs.¹

AI/ANs are more likely to die from pneumonia and flu than other races.¹

Across the U.S., the flu causes more than **200,000** HOSPITALIZATIONS EACH YEAR.

The flu poses a greater risk to:

Young children and elders

Pregnant women

People with diabetes, extreme obesity, heart disease, or asthma and other lung problems

AI/ANs are at **higher** risk than others for:

- Pneumonia and bronchitis
- Hospitalization
- Death

Take 3 Steps to Fight the Flu:

- 1 Get a flu vaccine each year for everyone 6 months of age and older
- 2 Take everyday preventive actions to stop the spread of germs
 - Wash your hands often
 - Cover your coughs and sneezes
- 3 Take antiviral medicine if prescribed

Get a Flu vaccine at:

Indian Health Service, tribal, or urban health clinics and doctor's offices

Pharmacies or grocery stores

Community health fairs

Ask your Community Health Representative or Community Health Aide for more information!

Protect yourself. Protect your community.

Get vaccinated. Protect the circle of life.

Flu symptoms can include:

FATIGUE
(FEELING VERY TIRED)
BODY ACHES
OR HEADACHES
Runny or stuffy nose
CHILLS
COUGH SORE THROAT
FEVER

*You can still have the flu and be contagious without a fever



¹Groom, A, et al. Pneumonia and Influenza Mortality among American Indian and Alaska Native People, 1990-2004. Am J Public Health. 2014 June; 104, Supplement 3: S460-S469. Published online April 2014. Accessed 12/7/15: http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4035860/.

²Accessed 12/10/2015: www.cdc.gov/flu/about/diseases/2014-15.htm

World AIDS Day

December 1st is World AIDS Day, an opportunity to work together to stop new HIV infections, support those affected by HIV, and remember those who have lost their lives to HIV related diseases.



HIV Prevention Tips:

- Get tested and know your partner's HIV status!
- Use condoms - you can get FREE condoms at the Siletz Community Health Clinic.
- Limit the number of sexual partners you have.

Randolph “Randy” E. Kessinger – 1959-2018

Randolph “Randy” Earling Kessinger Sr. of Salem, Ore., died Oct. 26, 2018, at age 58.

Randy was born Nov. 4, 1959, in Salem to LaVern and Donna (Strong) Kessinger (with Randy being the middle child of five siblings). Randy was a proud American Indian and elder of the Confederated Tribes of Siletz Indians.

He loved to attend pow-wows and Culture Camp with all his loved ones. He spent most of his life in the Salem area and even owned and operated Randy’s Floor Covering that served the greater Salem and surrounding areas since 1980.

Randy was creative, crafty and considered a jack of all trades. He was the leader of the pack and could do anything, people referred to him as BDSR (Big Daddy Sr.).

He was known for his humor and come-backs and also taking everyone’s money at family poker nights.

Among other things, he was spontaneous, a doer, a go-getter and was very involved in sports and just enjoying the outdoors. He started boxing when he was 10, but as he grew up he enjoyed arm wrestling, foosball, watching MMA and collecting sports memorabilia.

Randy had a major love for his music, classic rock being his favorite. He would travel from city to city with his wife to see their favorite bands perform live.

Randy also loved his Rams football team and Dodgers baseball. He loved classic cars and always dreamed of owning a ’55 Chevy. Not only did he watch his favor-

ite sports, he coached his sons in baseball and his wife and daughter in softball.

When Randy retired from coaching he became a No. 1 fan, attending sports and other events for his kids and then down to his grandbabies. The most important thing in Randy’s life was the love for his wife, children and grandbabies and spending time with his family camping, hunting, fishing, crabbing, traveling and spending time at the coast (it was his second home).

Randy is survived by his wife, Barbara, whom he has been married to since 1979; and children Randy Jr., Kyle and Korisa.

He was preceded in death by his son, Keith Allen; grandson, Jacob Elliot; and many loved ones.

A Celebration of Life was held Nov. 2 at the Restlawn Funeral Home Chapel



Courtesy photo

Randolph “Randy” E. Kessinger

in Salem, with interment at Restlawn Memory Gardens.

Thomas Robert Wagner – 1990-2018

Thomas was born Aug. 19, 1990, in Germany to Gregory Wagner and Shari Kalb. He died Oct. 20, 2018, near Bridge, Ore.

He grew up in Powers, Ore., and graduated from Powers High School in 2008. He worked in the woods all his life as a cutter and logger for various companies.

He married Aaron Toulou on April 10, 2014, and had a beautiful daughter

born Dec. 19, 2012. He loved the outdoors, hunting, fishing and cutting. He was a loving husband, father, son and brother and will be greatly missed by all who knew him.

He is survived by his wife, Aaron of Coquille, Ore.; daughter, Ivy Wagner of Coquille; sister, Ashley Lehnherr of Powers; mother, Shari Kalb of Powers; father,

Greg Wagner of Arizona; brother, Jeffery Wagner of North Carolina; sisters, Raylenn Wagner of Arizona and Dru Schaffer of Coquille; grandparents, Merle and Marjorie Kalb of Powers, Sandia Leighty of Arizona and Tom Wagner of Pennsylvania; and numerous aunts, uncles and cousins.

A Celebration of Life was held Oct. 27 at Powers High School.



Courtesy photo

Thomas Robert Wagner

Tonya Marie Starling – 1985-2018

Tonya Marie Starling, age 33, peacefully left this world on Oct. 24, 2018. She was born May 20, 1985, to Shawn Nettles and Angela Starling.

Tonya was employed with Hungry Howies in Lake Butler, Fla., and she sure loved her job and co-workers. Tonya spent her early years living and running around Sampson Lake and attending Bradford County schools. Her later childhood and teen years were spent living in Hampton.

Tonya was an amazing woman who had real zest for life. She loved being surrounded by her family and friends, laughing, talking and just loving all she met because she never met a stranger.

Tonya was such a wonderful soul. She was so giving and loving and always try-

ing to help others, putting others’ needs before her own.

Tonya loved her babies more than anything in this world, to include those who were not hers, but were hers no matter what. She was a mother to any child she encountered and always made sure to give them hugs along with her beautiful smile. She was so patient and calm.

She was preceded in death by her many grandparents, Ralph Jr. and Caroline Nettles of Starke, Fla., Rosa-Marie and Freeman Starling of Starke, Reno Tedmon of Washington; and her brother, Travis E. Clark.

She is survived by her children, Alexyia (Lexy) Starling, Brandon (Lil Man) Cox Jr. and Neveah Carter; her

partner of five years, Garrett Petteway; his daughter, Layla Petteway (whom she loved like her own); her parents, Shawn Nettles and Stefanie Ivey; beloved sisters, Brittani Nettles, Ariel Nettles, Monica Starling, Vanessa Phillips and Amanda Stone; nieces and nephews, Kyndell Bowers, Aleirah Cox, Darynn Cox, Luna Archer, Ashtyn Walker, Jhett Nettles, Dawson Thomas, Colin Gillenwater, Mackenzie Phillips and Isaiah Crowd.

Family, friends and any other person who was blessed to know this wonderful woman were invited to Jones-Gallagher Funeral Home in Starke on Oct. 28 to reminisce, grieve or to just laugh at our treasured memories of her. Services followed with Pastor John Hodges officiating.



Courtesy photo

Tonya Marie Starling

Arrangements by Jones-Gallagher Funeral Home.

USDA distribution dates for December, plus a recipe for a pumpkin roll

Siletz			Pumpkin Roll		
Monday	Dec. 3	9 a.m. – 3 p.m.	3 eggs		
Tuesday	Dec. 4	9 a.m. – 3 p.m.	1 teaspoon lemon juice		
Wednesday	Dec. 5	9 a.m. – 3 p.m.	2/3 cup pumpkin		
Thursday	Dec. 6	9 a.m. – 3 p.m.	1 teaspoon baking soda		
Friday	Dec. 7	9 a.m. – 3 p.m.	1 teaspoon nutmeg		
Salem			3/4 cup flour		
Monday	Dec. 17	1:30 – 6:30 p.m.	1 cup sugar		
Tuesday	Dec. 18	9 a.m. – 6:30 p.m.	1 teaspoon baking powder		
Wednesday	Dec. 19	9 a.m. – 6:30 p.m.	2 teaspoons cinnamon		
Thursday	Dec. 20	By appt only	1 teaspoon ginger		
			Preheat oven to 375 F		

Mix together all dry ingredients in a small bowl. Set aside.

Beat 3 eggs for 5 minutes until fluffy (do not skimp). Mix in the pumpkin and lemon juice until well blended. Slowly add dry ingredients. Mix well.

Line a jellyroll pan with waxed paper that has been greased and floured. Pour cake mixture evenly in pan. Bake for 15 minutes. Do not over-bake.

Sprinkle powdered sugar on a linen cloth and turn the cake out on it. Roll the cake up as a jellyroll and let cool.

Filling

- 4 tablespoons margarine
- 1 teaspoon vanilla
- 8 ounces softened cream cheese
- 1 teaspoon lemon juice
- 1 cup powdered sugar

Mix together all ingredients until smooth. Unroll cake and spread the filling evenly. Re-roll the cake and sprinkle with a light dusting of powdered sugar. Serve the cake chilled, preferably overnight.

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB.



Joyce Retherford, FDP Director
541-444-8393

Lisa Paul, FDP Clerk/Warehouseman
541-444-8279

Most Often Requested Numbers

Confederated Tribes of Siletz Indians – 800-922-1399
Salem Area Office – 503-390-9494
Salem Finance Office – 888-870-9051
Portland Area Office – 503-238-1512
Eugene Area Office – 541-484-4234
Contract Health Services (CHS) – 800-628-5720

Siletz Community Health Clinic – 800-648-0449
Siletz Behavioral Health – 800-600-5599
Chinook Winds Casino Resort – 888-244-6665
Chemawa Health Clinic – 800-452-7823
Bureau of Indian Affairs – 800-323-8517
Website – ctsi.nsn.us

Restoration Celebration & Pow-Wow • Nov. 17, 2018 • Chinook Winds



Bruce Williams and Terry Ree, also known as Williams & Ree, entertain the crowd during the daytime celebration.



Photos by Diane Rodriguez
Tribal Chairman Delores Pigsley and Tribal Vice Chairman Bud Lane wrap Gov. Kate Brown in a Siletz Reservation Saddle Blanket after Brown's speech.



David West (left) and Frank Fabunan take a turn at being emcees.

Several girls listen to the Victory Charging Song during the Grand Entry, including Kendall Bell-Tellez (far left), Mindy Blomstrom (white shawl), Tamiya Yanez (green shawl), and Allivea Hernandez (pink shawl).



Tribal elder Maria Westervelt holds Wesley Bremner.





Tonya Fawver, Sharon Edenfield and Teresa Carpenter



Denise Riding In

An unidentified duo



Silus Sixkiller





Selene Rilatos



Sandi Steele (left) and Kay Steele

An unidentified youth



Kaye Stainbrook



Photos by Diane Rodriguez

2019 Tribal Council Application

Application for names to be placed on the 2019 ballot for candidates in the Siletz Tribal Council election

Name: _____ Roll # _____

Mailing Address: _____

City: _____ State: _____ ZIP: _____

Telephone: _____

Email Address: _____

I understand I must be an enrolled member of the Confederated Tribes of Siletz Indians of Oregon and 18 years of age or older. This application must be filed with the Election Board by **4 p.m. on Dec. 14, 2018**. I also understand that if for any reason I decide to withdraw my application for Siletz Tribal Council, I must withdraw in writing by **4 p.m. on Dec. 21, 2018**. Otherwise, my name will appear in the Voter's Pamphlet and on the ballot.

Signature: _____ Date: _____

Mail your application to CTSI Election Board, P.O. Box 549, Siletz, OR 97380-0549.

Voter's Pamphlet and Statement

If you would like your candidate's statement and photo to appear in the Voter's Pamphlet, please submit your statement and a recent 3x5 photograph of yourself along with your application. Deadline for statements and photos is **4 p.m. on Dec. 14, 2018**.

Candidate statements must be no longer than 750 words and must not be derogatory or contain personal attacks on any one individual. Statements and photos will appear in the Voter's Pamphlet. Photos will be included on the ballot. Mail your statement and photo to CTSI Election Board, P.O. Box 549, Siletz, OR 97380-0549.

The candidate is responsible to ensure receipt of application and statement by the deadline. Letters will be sent to all candidates after review and certification by the Election Board.

Candidates can call 800-922-1399, ext. 1256, or 541-444-8256; or e-mail elections@ctsi.nsn.us to confirm receipt of application and candidate's statement.

Election Deadlines

4 p.m.	Dec. 14, 2018	Deadline to file for candidacy
4 p.m.	Dec. 14, 2018	Deadline to submit a photo and/or candidate's statement for inclusion in the Tribal Voter's Pamphlet
4 p.m.	Dec. 21, 2018	Deadline to withdraw in writing from the Tribal election
4 p.m.	Dec. 21, 2018	Certified Candidate's List posted
Week of	Dec 26-28 2018	Absentee ballots mailed out/Voter's Pamphlet
9 a.m. – Noon	Jan. 12, 2019	Candidates Fair – Aces Sports Bar and Grill, Lincoln City
4 p.m.	Jan. 25, 2019	Deadline to request a mail-in ballot
10 a.m. – 4 p.m.	Feb. 2, 2019	In-person voting – Tribal election, Tribal Community Center, Siletz
4 p.m.	Feb. 2, 2019	Deadline for returning absentee ballots

Nesika, continued from page 1

Nesika Illahee will target Tribal members in Portland and the wider urban Native population particularly hard hit by the Portland housing crisis. Through this historic Tribal-nonprofit partnership, all of the Nesika Illahee units will comply with the Fair Housing Act, with 20 units reserved for enrolled members of federally recognized Tribes, including Siletz.

About NAYA: Founded by the community for the community, NAYA is a family of numerous Tribes and voices who are rooted in sustaining tradition and building cultural wealth. It provides culturally specific programs and services that guide people in the direction of personal success and balance through cultural empowerment.

Its mission is to enhance the diverse strengths of our youth and families in

partnership with the community through cultural identity and education.

About NARA NW: The mission of NARA is to provide education, physical and mental health services and substance abuse treatment that is culturally appropriate to American Indians, Alaska Natives and anyone in need.

About CDP: Founded in 2011, Community Development Partners develops and operates sustainable, life-enhancing affordable housing with a focus on long-term community engagement and innovative design. Its mission is to repair and strengthen the fabric of cities and towns by meeting the housing needs of local citizens through the thoughtful planning and creative development of sustainable, affordable communities.



2018 Student Achievement Award Recipient

" There is a shortage of women in engineering and even less Native Americans that specialize in that field. I want to be able to inspire kids to pursue their dreams in science fields and be a role model for them to follow their dreams."

SIERRA SOTELA
CONFEDERATED TRIBES OF SILETZ INDIANS

So proud of my daughter; hope she can inspire many young women of Siletz.
Proud Momma, Phaedra Gray



2019 Standing Committees Applications Due by Feb. 6, 2019

Any Tribal member interested for consideration in serving on a committee for a two-year term are encouraged to fill out this form and return it to the address below prior to Feb. 6, 2019. Please mail or fax your application to Confederated Tribes of Siletz Indians, Attn: Executive Secretary to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549; fax 541-444-8325.

Name: _____ Roll No.: _____

Address: _____

City: _____ State: _____ ZIP: _____

Telephone: Day () _____ Evening () _____

If you only want to be considered for one committee, please indicate by inserting the number 1 next to the committee of interest. If you have interest in more than one committee, please indicate by numbering your preference 1 (first choice), 2 (second choice) and 3 (third choice).

- | | |
|--|---|
| <input type="checkbox"/> Education Committee (3) | <input type="checkbox"/> Housing Committee (3) |
| <input type="checkbox"/> Natural Resources Committee (3) | <input type="checkbox"/> Pow-Wow Committee (4) |
| <input type="checkbox"/> Health Committee (3) | <input type="checkbox"/> Budget Committee (1) |
| <input type="checkbox"/> Cultural Heritage Committee (3) | <input type="checkbox"/> Enrollment Committee (2) |

Committee appointments will be made at the Regular Tribal Council meeting in February 2019. If you have any questions, please call Tami Miner, executive secretary to Tribal Council, at 800-922-1399, ext. 1203, or 541-444-8203.



Photo by Diane Rodriguez

The design of the Nesika Illahee housing in Portland and the logos of the partners who put it together

PUBLIC NOTICE

PUBLICLY Posted from 11/26/2018 to 12/16/2018

Tribal Council Actions Affecting the Tribal Membership Roll

POSTING #303

Per the Enrollment Ordinance §2.302 (c)(2) the Enrollment Committee, with the assistance of the Enrollment staff, shall post notice of final Enrollment actions taken by the Tribal Council under this ordinance in the same manner it posts notices of proposed actions.

On Nov. 15, 2018, the Siletz Tribal Council by Tribal resolution made the following 66 actions affecting the Tribal membership roll. Contact the Enrollment Department for a copy of the Tribal resolution.

This notice has been published on the Tribal website under the Enrollment Postings in the Tribal Member Area.

Enrollment Ordinance §2.304 (e)(6)

When the Tribal Council approves an application for enrollment, the applicant shall be notified by certified mail, shall be posted as required by Section 2.302(c), and the Enrollment Committee and Enrollment staff shall enter the name of the applicant on the official Tribal membership roll.

If the Tribal Council decides to reject an application for enrollment, the applicant shall be so notified by certified mail and advised of his or her right to appeal in accordance with §2.315 of this ordinance or to request reconsideration of the decision in accordance with §2.314 of this ordinance.

Such Tribal Council decisions shall be enacted in the form of resolution. If the Tribal Council rejects the recommendation of the Enrollment Committee either as to approval or rejection for enrollment, Enrollment staff shall post the council's action in a manner consistent with §2.302(c) and in the Tribal newspaper, so as to notify the Tribal membership of the council's action, and shall notify the applicant and any interested parties by certified mail of the council's action.

Any appeal period for Tribal members who do not receive notice directly by mail of Tribal Council action approving or rejecting an enrollment application shall commence 10 days after notice of such action pursuant to this section was received.

Use the mail order pharmacy for refills

To use mail order pharmacy to order your refills after hours and on weekends: Please call the Siletz Clinic 7-10 days before you need your refills. This allows us time to contact your provider, if necessary, and for mailing.

- Call 800-648-0449; enter 1624 as soon as the clinic's message begins – you'll be transferred to the refill line.
- Or call the refill line direct – 541-444-9624.

Siletz Tribal Court Rules and Procedures Ordinance §3.009(a) Time for Filing

Civil actions to review Tribal Council action, or other Tribal action, shall be presented to the court clerk in writing not more than 60 days after an action of the Tribal Council, or Tribal officials as specified in the Tribal code, is alleged to have violated the plaintiff's right or rights or not more than 60 days after the alleged harm first manifested itself if such harm was not apparent on the date of the Tribal Councils, or other official's, action.

1. Deceased

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval
Resolution #: 2018-341

- | | |
|----------------------|------|
| 1. Eugene Dodd | 4741 |
| 2. Georgia Ann Knapp | 3599 |
| 3. Alice Viola Werth | 0999 |

2. Name Change

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval
Resolution #: 2018-342

- | | |
|---------------------------|------|
| 1. Jenifer Lynn Bestevann | 4022 |
| 2. Roberta Ann Hudson | 2986 |
| 3. Ashley Ann Jake | 3591 |

3. Blood Quantum Correction

Enrollment Committee Recommendation to Tribal Council: Rejection

Tribal Council Decision: Rejection
Resolution #: 2018-343

- | | |
|-----------------------------|------|
| 1. Adrienne LaNette Crookes | 2593 |
|-----------------------------|------|

4. Blood Quantum Correction

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval
Resolution #: 2018-344

- | | |
|-------------------------------|------|
| 1. Gabriel Simon Moody Jurado | 4615 |
| 2. Brian Gene Moody* | 1093 |
| 3. Sonya Fae Moody-Jurado | 1092 |

5. Blood Quantum Correction

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval
Resolution #: 2018-345

- | | |
|-----------------------------|----------|
| 1. Phillip Ray Garcia | 4241 |
| 2. Rebecca Janice Howerton* | 0422-REL |
| 3. Ann Katherin Lewis* | 1173-REL |
| 4. Phillip Theodore Raya* | 0749 |
| 5. Sequoia Bobb Raya* | 0750-REL |

6. Blood Quantum Correction

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval
Resolution #: 2018-346

- | | |
|----------------------------|------|
| 1. Kenneth P Blair | 0092 |
| 2. Virgene Faith Blair* | 0094 |
| 3. Robert Daniel Pronovost | 2737 |

7. Blood Quantum Correction

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval
Resolution #: 2018-347

- | | |
|----------------------------|------|
| 1. Dolores Adella Butler | 1129 |
| 2. Donna Marie Navarro* | 0690 |
| 3. Oliver Arlo Yardley III | 3183 |

8. Blood Quantum Correction

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval
Resolution #: 2018-348

- | | |
|-------------------------|------|
| 1. Jaylee Marie Rilatos | 4227 |
| 2. Kari Kerlynn Rilatos | 0777 |
| 3. Kayla D'Ann Werder | 4625 |
| 4. Matthew Alan Werder | 4746 |

For more information
about the Siletz Tribe,
visit ctsi.nsn.us.

9. Application for Enrollment

Enrollment Committee Recommendation to Tribal Council: Rejection

Tribal Council Decision: Rejection
Resolution #: 2018-349

- | |
|--------------------------|
| 1. Leonidas Ronnie Caley |
| 2. Levi Scott Hegge |
| 3. Skyler Scott Hegge |
| 4. Wyatt Scott Hegge |
| 5. Brodie Allan John |
| 6. Bracen James Zigler |
| 7. RaeLynn Marie Zigler |

10. Application for Enrollment

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Approval
Resolution #: 2018-350

- | | |
|------------------------------------|------|
| 1. Branson Ridge Bright | 6183 |
| 2. Ashley Raye Carpenite | 6184 |
| 3. Randy James Carpenter | 6185 |
| 4. Wendy Lou Carpenter | 6186 |
| 5. Elizabeth Rose Fry | 6187 |
| 6. Quinn Duane Johnston | 6188 |
| 7. Saul Alejandro Moody Jurado Jr. | 6189 |
| 8. Nathan Ryan Long | 6190 |
| 9. Shawna Ann Long | 6191 |
| 10. Janesa Marie Mackin | 6192 |
| 11. Luna Lily Mackin | 6193 |
| 12. Jordan Michael Martin | 6194 |
| 13. Hudson McCuin | 6195 |
| 14. Evan Malachi Melton | 6196 |
| 15. Kelly Arlene Melton | 6197 |
| 16. Grant James Orr | 6198 |
| 17. David Allen Rise | 6199 |
| 18. Leonard Diamond Shelton | 6200 |
| 19. Jacob Allen Shields | 6201 |
| 20. Maggie Anne Shields | 6202 |
| 21. Raymond Keith Shields | 6203 |
| 22. Tristan James Shields | 6204 |
| 23. William Allen Shields | 6205 |
| 24. Hana Jean Thornton | 6206 |
| 25. James Benjamin Thornton Jr. | 6207 |
| 26. Nari Faye Thornton | 6208 |
| 27. Isaach Charles Tyler | 6209 |
| 28. Mike Charles Tyler | 6210 |
| 29. Penelope Jonae Tyler | 6211 |
| 30. Jason Connor Wells | 6212 |
| 31. Jessica Lynn Wells | 6213 |
| 32. Owen Michael Wells | 6214 |
| 33. Weston James Wells | 6215 |
| 34. Breanna Marie White | 6216 |
| 35. Clyde Everrett Hudson | 6217 |
| Whittington | 6217 |
| 36. Natalie Grace Yardley | 6218 |

11. Application for Enrollment

Enrollment Committee Recommendation to Tribal Council: Approval

Tribal Council Decision: Rejection
Resolution #: 2018-375

- | |
|---------------------|
| 1. Ryder Jay Stokes |
|---------------------|

*Deceased/Relinquished

CTSI Jobs

Tribal employment information is available at ctsi.nsn.us.

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

CTSI constantly is looking for temporary employees to cover vacancy, vacations, maternity leave and extended sick leave. If you are looking for temporary work that can last from 2-12

weeks, please submit an application for the temp pool.

Send applications to:

Confederated Tribes of Siletz Indians
Attn: Human Resources Department
P.O. Box 549
Siletz, OR 97380-0549

Fax number: 541-444-8375 or 800-922-1399, ext. 1375

Human Resources: 800-922-1399, ext. 1274, or 541-444-8274

Website: ctsi.nsn.us

Email: hrdepartment@ctsi.nsn.us

SUBOXONE THERAPY

Now available at the Siletz Community Health Clinic

Our providers Lisa Taylor, FNP, and Jalien Dorris, DO, are now licensed to prescribe suboxone for Siletz Tribal members and/or community members who are struggling with heroin, prescription drugs or substance abuse. We are contracting with Eric Davis, MAC, CADCIH, with his expertise in medi-

cation assisted therapy (MAT), he will assist with the implementation of our new suboxone program.

Wondering what suboxone is? Suboxone is a medication that helps your family members who are struggling with heroin and opioid addiction by taking away the symptoms of opiate withdrawal and drug

cravings that are normally associated with quitting heroin and opioids.

We encourage you to contact the clinic and ask questions about our program. We want to assure you that we will provide compassionate and non-judgmental care from staff members who understand the challenges associated with addiction. We

would love to help you with taking the first step toward recovery.

If you have questions regarding the suboxone program or would like to make an appointment, please call the numbers listed below.

Team Taylor – 541-444-9665
Team Dorris – 541-444-9634



After-hours crisis line now available at 541-444-8286 or 800-600-5599

Because mental health and relapse crises do not always happen during business hours, Siletz Behavioral Health has arranged a collaboration with an after-hours crisis line called Lines for Life.

On weekends and during the weekday hours of 5 p.m. to 8 a.m., the number to the Behavioral Health front desk is forwarded to Lines for Life, where you will be connected with a live mental health counselor.

The counselor will do everything he/she can to help de-escalate, advise and support.

Afterwards, this information can be shared with our mental health counselor so follow-up care can be provided.

Of course, if there is an emergency and you fear that you or someone else is in imminent danger, please call 911. That's always the fastest way to get help.

Siletz Community Dental Clinic

Contact the Siletz Community Dental Clinic if you experience dental pain or a dental emergency. Staff will do everything they can to see you as soon as possible.

Morning check-in time is Monday-Thursday from 8:15-8:45 a.m. and Friday from 9-9:30 a.m.

Afternoon check-in time is Monday-Friday from 1:30-2 p.m.

Dental Walk-In Clinic

1. Dental and Optometry a. First No-Show

Patient will receive a letter providing notice about the no-show appointment and their requirement to utilize the department's Walk-In Clinic for appointments. Walk-in availability is first-come, first-served. Patient will be required to utilize the Walk-In Clinic for six months, after which patient will be able to return to scheduling appointments.

The Dental Clinic will see walk-in patients every other Tuesday from 8:30 a.m. to 12:30 p.m. and 1:30 – 4:30 p.m. with check-in by 3:30 p.m. Patients will be seen on a first-come, first-served basis.

Services offered at the walk-in clinic include denture/partial adjustments and chairside relines, fillings, first step root canal, extractions and exams.

Walk-in dates

Dec. 4, 2018
Dec. 18, 2018

Excluded visit types: Partials, dentures, crowns, implants and hygiene appointments will need to be addressed during a regularly scheduled appointment with your primary dentist.

Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women's and Men's Transitional

Siletz: 800-600-5599 or

541-444-8286

Eugene: 541-484-4234

Salem: 503-390-9494

Portland: 503-238-1512

Narcotics Anonymous Toll-Free Help Line – 877-233-4287

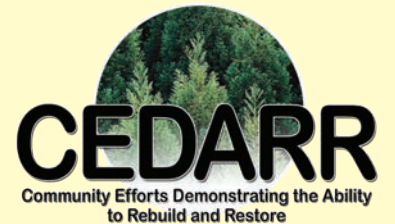
For information on Alcoholics Anonymous: aa-oregon.org

CEDARR

Community Efforts Demonstrating the Ability to Rebuild and Restore

Mission Statement

We will utilize resources to prevent the use of alcohol and other drugs, delinquency and violence; we will seek to reduce the barriers to treatment and support those who choose abstinence.



Dec. 5 • 5:30 p.m.

Siletz Tribal Community Center
402 NE Government Hill Drive

Siletz Clinic: No-show optometry patients must use walk-in clinic

In the Siletz Clinic's Optometry Department, after one no-show patients will not be able to schedule appointments for six months. Patients will have access to our walk-in clinic on the last Thursday of the month from 8:15 – 11:15 a.m.

Thursdays
Dec. 27

Patients will be seen on a first-come, first-served basis.

Tribal children in need of foster parents for:
Permanent care,
temporary foster care or
short-term emergency care.

Contact,
Indian Child Welfare
541-444-8272

Important information for college-bound Tribal seniors

December

- If you haven't already done so, take this last SAT test for seniors.
- Get FAFSA forms, available for federal and state financial aid.
- Apply for FAFSA pin number – student/parents must apply separately.
- Mail or submit all revised, complete college applications before the holiday break.
- Start scholarship essays.
- Start OSAC (Oregon Student Assistance Commission).

January

- FAFSA forms can be submitted Jan. 1! Do not delay – do this ASAP.
- Complete scholarships that are due.
- Check for Student Aid Report (SAR) on the FAFSA website several days after filing out the FAFSA).
- Request mid-year transcripts be sent to colleges to which you have applied.
- Request transcripts needed for OSAC scholarship application.

- Send thank you notes to people who have helped you.
- Students who plan to apply for Tribal assistance for college must apply for FAFSA no later than Jan. 31 at fafsa.ed.gov.

February

- First semester grades and mid-year reports are sent to some colleges.
- Check your school counseling office or ASPIRE center for scholarship information.
- Complete scholarships.
- Check with colleges applied to for verification they have received all necessary documents. Continue to monitor status of submitted applications.
- Check to see if your mid-year transcripts have been sent to the schools to which you have applied.
- Wrap up any scholarship application, essays and activities chart (for OSAC). Early bird deadline is in February for OSAC.

March

- Check for three Tribal scholarships at ctsi.nsn.us.
- Complete scholarships.
- Start working on Tribal higher education or adult vocational training grant application. This can be found on the Tribe's website and is due June 30.
- Review the Student Aid Report (SAR).
- You should start receiving admission responses.

April

- Send thank you notes to people who have helped you.
- Make final decision about which college or university you will attend.
- If you decide to decline enrollment to a college or university to which you have been accepted, send notice indicating this to the college's admissions office.

May

- This is the deadline for final decisions for universities.
- Send letter of intent to registrar.
- Line up a summer job.
- Attend your Senior Awards Night.
- Review any award letters and be sure you understand the terms and conditions that accompany each type of aid.
- If necessary, arrange for housing and a meal plan (at school).
- Send thank you notes to any person/committee from which you received a scholarship.

June

- Tribal higher education and adult vocational training applications are due June 30!
- Attend graduation – congratulations!
- Make arrangements for your final grades to be sent to colleges and universities.
- Good luck!

For more information about the Siletz Tribal language program, please visit siletzlanguage.org.

CTSI Jobs

Tribal employment information is available at ctsi.nsn.us.

Outside Scholarships for NATIVE AMERICAN STUDENTS

Cobell Scholarship

<http://cobellscholar.org/>
various scholarships available
*essay required

Open to descendants/enrolled members

American Indian Services

<https://www.americanindiandiservices.org/>
various scholarships available
*essay may be required

Open to descendants/enrolled members

American Indian College Fund

<http://www.collegefund.org/>
various scholarships available
*essay required

Open to descendants/enrolled members

Bureau of Indian Education

<http://www.bie.edu/ParentsStudents/Grants/>
various scholarships available
*essay may be required

Open to descendants/enrolled members

Native American Scholarship Fund

<http://catchingthedream.org/>
various scholarships available
*essay may be required

Open to descendants/enrolled members

Internships

- NOAA 2019 Climate Change and Global Change Post-Doctoral Fellowship
Deadline: Jan. 4, 2019
- Oregon Community Foundation/Oregon Humanities Fields Artist Fellowship
Deadline: Jan. 14, 2019
- Univ. of Oregon Sapsik'wałá Teacher Education Program
Deadline: Jan. 15, 2019
- White House Fellowship
Deadline: Jan. 16, 2019
- Udall Foundation Native American Congressional Internship
Deadline: Jan. 31, 2019
- Northern Arizona University Institute for Tribal Environmental Professionals 2019 Summer Internship
Deadline: Feb. 25, 2019
- HP 3D Printing Engineering Intern
Deadline: Open until filled
- Pearson Packaging Systems Engineering Internship
Deadline: Open until filled
- Wisdom of the Elders Agricultural Incubator Internship
Deadline: Various
- NW Native American Research Centers for Health Research Support Fellowship
Deadline: Rolling
- Northwestern University's Center for Native American and Indigenous Research Undergraduate Fellowships
Deadline: Rolling
- Fred Hutchinson Cancer Research Center Post-Doctoral Research Fellow
Deadline: Multiple
- Saturday Academy Internships
Deadline: Multiple

Scholarships

- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Pacific Northwest Scholarship Guide (scholarship search engine)
- OregonStudentAid.gov
- Minority Scholarship in Classics and Classical Archaeology
Deadline: Dec. 16, 2018
- Society for American Archaeology Arthur Parker Scholarship
Deadline: Dec. 17, 2018
- Society for American Archeology Native American Undergraduate and Graduate Archaeology Scholarships
Deadline: Dec. 17, 2018
- American Geosciences Institute's Harriet Evelyn Wallace Scholarship
Deadline: Jan. 4, 2019
- American Water Works Association Scholarship
Deadline: Jan. 11, 2019
- Architects Foundation Diversity Advancement Scholarship
Deadline: Jan. 16, 2019
- PSU Dean's Scholarship Fund for Public Health
Deadline: Feb. 1, 2019
- State of Washington American Indian Endowed Scholarship
Deadline: Feb. 1, 2019
- Catching the Dream 2019 Summer Scholarship
Deadline: March 15, 2019
- Intertribal Timber Council Truman D. Picard Scholarship
Deadline: March 15, 2019
- University of Idaho College of Natural Resources McCall Outdoor Science School Scholarships
Deadline: Rolling
- American Indian College Fund: TCU Scholarship
Deadline: Contact TCU Financial Aid Office

Other Opportunities

- President's Environmental Youth Award Program
Deadline: Feb. 1, 2019
- 2019 UNITY Mid-Year Conference
Feb. 15-18, 2019
- Center for Native American Youth at the Aspen Institute – Generation Indigenous Network Youth Ambassador
- National Youth Leadership Forum STEM Program Nomination Form
Deadline: Various
- The Student Conservation Association

2018/2019 HUNTING/FISHING/GATHERING INCENTIVES

Reminder to all Siletz Tribal members: Please report all harvests of deer, elk, salmon and shellfish to the Natural Resources Department. The name on the tag/permit will be submitted into a drawing after the season's end and could receive one of the following Cabela's gift card incentives.

HUNTING INCENTIVES

\$100 ~ \$75 ~ \$50
CABELA'S GIFT CARDS

FISHING INCENTIVE

\$50
CABELA'S GIFT CARD

SHELLFISH INCENTIVE

\$50
CABELA'S GIFT CARD

Please report all harvests to:

Mike Kennedy
541-444-8232
mikek@ctsi.nsn.us
or
Denise Garrett
541-444-8227
deniseg@ctsi.nsn.us

Tribal Council Timesheets for October 2018

Lillie Butler – 10/1/18-10/31/18

TC	Ind	Gmg	STBC	ED	Tvl	
10	10	3				10/2-9 Education, packets
2	2					10/10 ICW wkshp, packets
3	3				2	10/11 Investment mtg, law enforcement mtg
		6.5			2	10/12 Special TC – gaming
6.5	6.5					10/15-17 Packets
3	3				11.5	10/18-19 Regular TC
13.25	13.25				18	10/21-24 NCAI
2.5	2.5					10/25 Packets
2.5	2.5					10/26 Enrollment, packets
5.5	5.5					10/29-31 Packets

Lorraine Y. Butler – 10/1/18-10/31/18

TC	Ind	Gmg	STBC	ED	Tvl	
1.5	1.5					10/8 Packets
1	1	2				10/9 CPT, packets
1	1					10/10 ICW wkshp
1.5	1.5					10/11 Investment mtg
		5.5				10/12 Special TC – gaming
3	3				11	10/18-19 Regular TC
.75	.75					10/20 Packets
9.5	9.5				17	10/21-24 NCAI
1.25	1.25					10/25 Packets
1	1					10/26 Enrollment wkshp
1.75	1.75					10/30 Packets

Reggie Butler Sr. – 10/1/18-10/31/18

TC	Ind	Gmg	STBC	ED	Tvl	
3	3					10/1-2 Sign checks, packets
9.25	9.25					10/3-9 CEDARR, sign checks, packets
2	2					10/10 ICW wkshp, packets
3	3				2	10/11 Investment mtg, law enforcement mtg
		6.5			2	10/12 Special TC – gaming
3.75	3.75	3				10/15-17 Sign checks, packets
3	3				11.5	10/18-19 Regular TC
12.5	12.5				18	10/21-24 NCAI
1.25	1.25					10/25 Packets
2	2					10/26 Enrollment, packets
5.5	5.5					10/29-31 Packets

Sharon Edenfield – 10/1/18-10/31/18

TC	Ind	Gmg	STBC	ED	Tvl	
1	1					10/10 ICW wkshp
.5	.5				1	10/11 Law enforcement mtg
		5			2	10/12 Special TC – gaming
1.75	1.75				1.5	10/16 SMLLC, STRCP
1.5	1.5					10/17 Packets
3	3				10	10/18-20 Regular TC
1.25	1.25					10/26 Enrollment
1.5	1.5					10/31 Packets

Alfred Lane III – 10/1/18-10/31/18

TC	Ind	Gmg	STBC	ED	Tvl	
1	1				2	10/3 Mtg at Chemawa
3.25	3.25				2	10/11 Investment mtg, law enforcement mtg
		5.5			2	10/12 Special TC – gaming
1	1				2	10/16 Mtg w/ Pres. Ray (OSU)
2.5	2.5				10	10/18-19 Regular TC
1.5	1.5				2	10/29 Budget Comm

Delores Pigsley – 10/1/18-10/31/18

TC	Ind	Gmg	STBC	ED	Tvl	
.5	.5					10/1 Mail
3.25	3.25					10/2 Comm. on Indian Svcs, mail
2.5	2.5				2.5	10/3 Restoration Comm, Chemawa/Lummi mtg, mail
2.25	2.25				8	10/4-6 NNABA, mail
1.25	1.25	.75				10/7-9 Mail, prep for council
2	2	.25			3	10/10 ICW wkshp, mail
3	3					10/11 Investment mtg, law enforcement mtg, mail
.25	.25	5.5			1.25	10/12 Special TC – gaming, STBC, mail
1.25	1.25					10/13-14 Mail, news article, agenda items
1.75	1.75	.25				10/15 Willamette Univ, mail
1.75	1.75				2.5	10/16 OSU mtg, mail
1	1	.25				10/17 Mail, agenda items
3.5	3.5		.5		11.5	10/18-20 Regular TC, sign STBC checks, mail
.25	.25	2.5			2.5	10/21 Candidates Forum, mail, agenda items
2.75	2.75	.25	.5		1.5	10/22-25 Sign STBC checks, mail
1.5	1.5				3	10/26 Enrollment wkshp, mail
1.5	1.5					10/27-28 Mail, agenda items
1.5	1.5				2.5	10/29 Budget Comm, mail
1	1					10/30-31 Mail, agenda items

Angela Ramirez – 10/1/18-10/31/18

TC	Ind	Gmg	STBC	ED	Tvl	
2	2					10/1-2 Health Comm, packets, email
2.25	2.25					10/3 CEDARR, packets, email
7	7				11	10/4-7 NNABA
.35	.25	3				10/8-9 Packets, email
1.5	1.5					10/10 ICW wkshp, packets, email
3.5	3.5				2.5	10/11 Investment mtg, law enforcement mtg
		5.5			2.5	10/12 Special TC – gaming
3.5	3.5					10/14-17 Packets, email
3	3				10	10/18-20 Regular TC
5.25	5.25					10.21-30 Email, packets

Tribal Council Email Addresses

- Tribal Chairman: Delores Pigsley dpigsley@msn.com
- Vice Chairman: Alfred "Bud" Lane III budl@ctsi.nsn.us
- Treasurer: Robert Kentta rkentta@ctsi.nsn.us
- Secretary: Sharon Edenfield sharone@ctsi.nsn.us
- Lillie Butler lbutler@ctsi.nsn.us
- Lorraine Butler loraineb@ctsi.nsn.us
- Reggie Butler Sr. rbutler@ctsi.nsn.us
- Gloria Ingle gloriai@ctsi.nsn.us
- Angela Ramirez angelar@ctsi.nsn.us



Chinook Winds

CASINO RESORT

SEE OUR STARS SHINE



The Oak Ridge Boys

December 7 & 8, 8pm
Tickets \$25-\$40



Gary Allan

February 22 & 23, 8pm
Tickets \$50-\$65

For tickets call 1-888-MAIN ACT (1-888-624-6228) or purchase online at chinookwindscasino.com. Discount available for Winners Circle Members.



Which are you?

Your choice of truck might give you away! Play at Chinook Winds this December for your chance to win CASH, PRIZES or a TRUCK that tells the world whether you're NAUGHTY or NICE!

Finale truck drawing December 23.

**Drawings Sundays at 4pm
December 2-23, 2018**



Must be a Winners Circle member to participate. Complete details at Winners Circle. Vehicles similar to illustration.

To play, collect free virtual entries each week starting November 26.

Finale truck Drawing December 23

- Member receive 1 free entry each week
- MVP Members receive 2 free entries each week
- Premier Members receive 3 free entries each week
- Elite Members receive 4 free entries each week

Collect even more entries with your tracked play in the casino. Collect an entry with every 100 points earned on Slots, Table Games, Keno and Bingo.

Collect an entry with every hour played in a cash Poker game.

Virtual entries must be activated starting one hour before each drawing, and you must be present to be eligible to win. Complete rules available at Winners Circle.

COMEDY ON THE COAST



HEADLINER
Brad Upton



FEATURING
Johnny Cardinale



HOST
Nick Hoff

December 14 & 15,
8pm, \$15

Tickets available at the Chinook Winds Casino Resort Box Office.
Buy by phone at 1-888-MAIN-ACT (1-888-624-6228), 541-996-5776 or online.
21 and over event, doors open at 7:30pm with a no-host bar.

\$90K YEAR END CASH BONUS

Win your share of \$90,000 CASH!

Drawings December 29, 30, 31 2:30pm - 5pm
Five Winners Every Half Hour!

To play, collect free virtual entries DAILY starting December 24.

Collect even more entries with your tracked play in the casino. Collect an entry with every 100 points earned on Slots, Table Games, Keno and Bingo. Collect an entry with every hour played in a cash Poker game.

Virtual entries must be activated starting one hour before each drawing, and you must be present to be eligible to win.

Complete rules available at Winners Circle.



chinookwindscasino.com • 1-888-CHINOOK • Lincoln City



Chinook Winds Casino Resort

Entertainment

Dec. 7-8: The Oak Ridge Boys
8 p.m., \$25-\$40
Dec. 14-15: Comedy on the Coast
8 p.m., \$15
Jan. 4-5: Comedy on the Coast
8 p.m., \$15
Jan. 18-19: Josh Turner
8 p.m., \$50-\$65
Feb. 8-9: Comedy on the Coast
8 p.m., \$15
Feb. 22-23: Gary Allan
8 p.m., \$50-\$65

Rogue River Lounge
Fri & Sat: Ultrasonic DJ, cover
10:30 p.m. to 1:30 a.m.

Chinook's Seafood Grill
Weds: Kit Taylor (pianist) – 5 - 9 p.m.
Dec. 7-8: Cherish
Dec. 14-15: Rock n Roll Cowboys
Dec. 21-22: Parish Gap
Dec. 28-29: Mr. B
All 8 p.m. to Midnight

Special Events

Sun: 100% Payout Blackjack Tourney
Sparkling Sunday Brunch at Siletz
Bay Buffet
Mon: Bearable Mondays
Tue: Boomers Club
\$2 Taco Tuesdays at Aces Sports
Bar & Grill
Wed: Wine Wednesdays at Chinook's
Seafood Grill (CSG)
Mon-Fri: Happy Hour at Rogue River
Lounge (3-6 p.m.)

First Tuesday: Boomer Slots
Third Thursday: Twilight Slots
Dec. 8: Native Fair
Dec. 8: UFC 231 Viewing
Through Dec. 24: Monday Night Football
Giveaways at Aces
Through Dec. 30: Pigskin Challenge
Dec. 31: New Year's Eve Events
Prom Date Mixtape (convention ctr)
Sir Mix-A-Lot & DJ Metal (showroom)
Tye Curtis Band (Aces)
Swingline Cubs (CSG)

Tickets go on sale 90 days in advance.
Concerts in the showroom are for ages 16 and older. Comedy on the Coast in the convention center is for ages 21 and older.

For more information or to obtain tickets for all concerts, call the Chinook Winds box office at 888-CHINOOK (888-244-6665) or 541-996-5825; or call 888-MAIN-ACT (624-6228).

Hotel rates for Siletz Tribal members
Siletz Tribe hotel rates all year round! No longer do you have to guess at what your rate is and worry about higher rates in the summer. One rate for each hotel type is now \$79 for standard deluxe oceanfront rooms and \$99 for oceanfront junior suites.

All events, concerts and promotions are subject to change at the discretion of Chinook Winds Casino Resort.

Follow us on Twitter, find us on Facebook or visit our website at chinookwindscasino.com.
For more information about events in North Lincoln County, visit lcchamber.com, oregoncoast.org or lincolncity-culturalcenter.org.

Tribal members can maintain monthly golfing privileges at Chinook Winds Golf Resort
Tribal members receive free greens fees and can walk nine or 18 holes at no charge. If a cart makes golf more enjoyable, it is only \$10 for nine holes or \$15 for 18 holes.
New this year – We offer Tribal members monthly cart lease and golfing privileges starting at \$75/month.

- Tribal individual cart lease \$75/month
- Couples membership with cart lease \$125/month
 - Couple membership is eligible for any individual living in the same household as the Tribal member.
- Tribal family membership with cart lease \$150/month
 - Couple plus children in the same household under age 24 will have full golf and cart privileges (must be a licensed driver to drive the golf cart.)

Golf is an outstanding way to spend some time with your family and friends. Please take advantage of all of our employee benefits and spend some quality time outdoors this spring on the beautiful Oregon Coast.
Cory Camilleri is our golf pro at Chinook Winds Golf Resort.



Would you like to be a part of the Chinook Winds team?
Find out why "Employment is Better at the Beach" at:
www.chinookwindscasino.com
Job Line: 541-994-8097 Toll Free: 1-888-CHINOOK ext 8097
Human Resources Office: 541-996-5800 Monday-Friday 8am-4:30pm
Be Passionate Embrace Change Accountability Customer Service Happiness



Human Resources is looking for Tribal member EVENT TEMPS who are eager to start as soon as possible!
If you are looking for a position that outlines, helping departments when needed, ushering guests in our showroom or even door greeting at MMA fights, **Event Temp** is your position.
To apply, stop by our HR office anytime Monday-Friday from 8 a.m.-4:30 p.m.
Visit our website at chinookwindscasino.com/careers to download our employment application. Or you can stop by the HR office at the Siletz admin building to complete and fax your application to us.
If you have any questions regarding this flier, please contact
Melissa Clawson at 541-996-5800.

Calling all Tribal member business owners
If you would like to be on the preferred Tribal members business list with Chinook Winds, please fax, mail, email or drop off your business card, brochures, or business information to:
Chinook Winds Casino Resort
Attn: Purchasing Dept.
1777 NW 44th St.
Lincoln City, OR 97367
Phone: 541-996-5853
Fax: 541-996-3847
erica@cwresort.com

Chinook Winds Casino Resort in Lincoln City, Ore., offers 24-hour Las Vegas-style gaming, an 18-hole golf course, headline entertainment from some of music's most legendary stars, three full-service restaurants, a secure child care facility and arcade, and a 243-room ocean-view hotel.
For more information, visit chinookwindscasino.com, or call 888-CHINOOK (244-6665) or 541-996-5825.

Donate to STAHS through Amazon Smile

Here's how you can donate to the Siletz Tribal Arts & Heritage Society (STAHS) painlessly and effortlessly. It's as easy as 1,2,3,4.

Thank you for supporting STAHS!

1. Go to Amazon.com.
2. In the Department drop down box, type Amazon Smile.
3. See Amazon Smile – You shop. Amazon Gives.
4. Follow the easy directions.

Tribal members get discounts at RV parks

Tribal members receive a 15% discount on spaces at Logan Road RV Park located in Lincoln City, Ore. Call 877-LOGANRV or visit loganroadrvpark.com for more information.*

Tribal members receive a 15% discount on spaces at Hee Hee Illahee RV Resort located in Salem, Ore. Call 877-564-7295 or visit heeheeillahee.com for more information.*

*Subject to availability



Adult Attention Deficient/Hyperactivity Disorder (Adult ADHD)

- Adult ADHD is a mental health disorder that may have a significant impact on relationships, school, and work performance.
- Many adults are not aware they have it – they just know that everyday tasks can be a challenge.
- Those with ADHD find it difficult to focus, prioritize and control impulses.

The following information from "Occupational issues of adults with ADHD" contains symptoms and possible workplace adjustments for adults with ADHD that STVRP may be able to advocate for or assist eligible program participants with:

Symptom	Attention and impulsivity
Possible Adjustment	Private office/quieter room/positioning in office, flexible-time arrangement, headphones, regular supervision.
Symptom	Hyperactivity/restlessness
Possible Adjustment	Allowing productive movements at work, encouraging activity, structured breaks in long meetings.
Symptom	Disorganization, time management, and memory problems
Possible Adjustment	Provide beepers/alarms, structured notes, agendas, regular supervision with frequent feedback, mentoring, delegating tedious tasks, incentive/reward systems, regularly introducing change, breaking down targets and goals, supplement verbal information with written material.

Adamou, M., Arif, M., Asherson, P., Aw, T.-C., Bolea, B., Coghill, D., ... Young, S. (2013). Occupational issues of adults with ADHD. *BMC Psychiatry*, 13, 59. <http://doi.org/10.1186/1471-244X-13-59>

This content is for informational purposes only and is not intended to be a substitute for professional medical advice, diagnosis, or treatment. If you have any health concerns, or questions, seek the advice a qualified health professional.

Siletz News Letters Policy

Siletz News, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in *Siletz News* and other Tribal issues.

All letters must include the author's signature, address, and phone number in order to be considered for publication. *Siletz News* reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of *Siletz News*, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The general manager of the Siletz Tribe is the editor-in-chief of *Siletz News*.

Editor-in-Chief: Brenda Bremner
Editor: Diane Rodriguez
Assistant: Andy Taylor

CULTURAL SALMON FISHING

2018 SEASON

October 30 - December 28
Tribal License & Tag Required

CULTURAL FISHING SITES

- ✦ Euchre Creek Falls (off Hwy 229)
- ✦ Little Rock Creek (above hatchery)
- ✦ Drift Creek (off Hwy 101)

Tribal salmon tags can only be used to fish in posted areas at the cultural fishing sites above using only a dip net, spear or gaff hook. Cultural salmon season dates are 10/31/18-12/28/18. CTSI license/tags are available at Natural Resources Department, 541-444-8227.

Siletz Tribal Vocational Rehabilitation Program (STVRP)

STVRP is here to assist members of **ANY** federally recognized Tribe in overcoming barriers to employment. We work with individuals who have disabilities and live within the Confederated Tribes of Siletz Indians' 11-county service area.

Examples of Services:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Résumé Writing
- Interviewing Techniques
- Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment



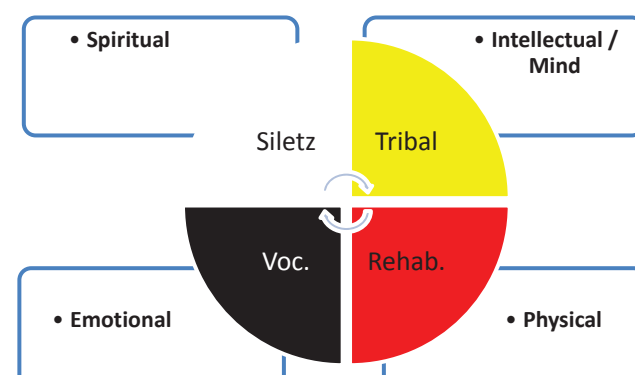
For more information about STVRP, please inquire at 800-922-1399. Services are provided in all area offices. however to inquire about services, ask to be transferred to the office nearest you that is listed below.

EUGENE AREA OFFICE	SALEM AREA OFFICE	SILETZ ADMIN. OFFICE
2468 West 11 th Ave. Eugene, OR 97402	3160 Blossom Dr NE, Ste. 105 Salem, OR 97305	201 SE Swan Ave. Siletz, OR 97380

EUGENE OFFICE – JERAMIE MARTIN, Program Director

SALEM OFFICE - DANA RODRIGUEZ, Program Aide; TONI LEIJA, Counselor/Job Developer

SILETZ – RACHELLE ENDRES, Counselor/Job Developer





Happy Sweet 16 to Hataya McNair!
Love, Nethaniel



Happy 1st Birthday to Tribal member
Gabriel McFarland!
Love, grandparents Gerald and
Melinda Pond



Happy 6th Birthday to Tribal member
Terry McFarland!
Love, Grandparents Gerald and
Melinda Pond

I never knew I could love this much until I met you! You bring so much love and joy to my world. You have conquered every corner of my heart. Happy 7th Birthday, Yerrner'!

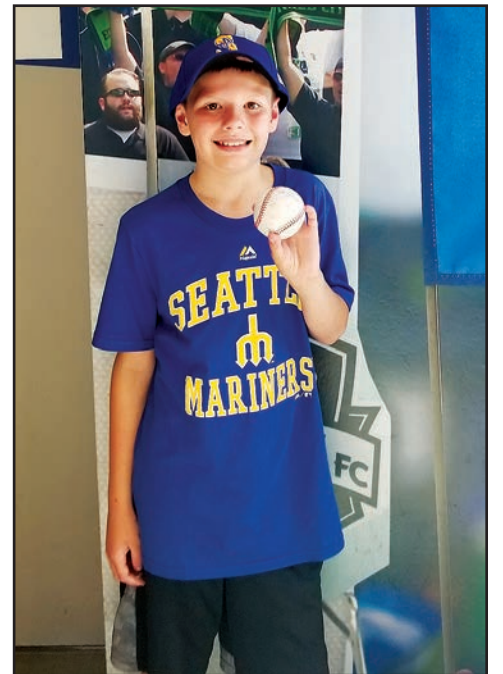
Love, Auntie Antel "Shantel"



Happy 10th Birthday to Tehya Two
Feathers!
Love, Mom, Dad and brother Andrew



Happy 14th Birthday, Sierra! You
are growing into such a beautiful young
woman. Wishing you a very Happy Birth-
day!
Love, Mom and Brother



I can't believe it's your 10th birthday
already! Wishing you a very Happy
Birthday!
Love, Mom and Sister



To my baby sister, Shantel: You are
such an amazing woman and I adore you!
Happy Birthday on Dec. 2.

Your big sis, Natasha

Auntie Shantel: I love you with my
whole heart! Happy Birthday!

Your nephew, Hoxie

**For more information about
the Siletz Tribe, please visit
ctsi.nsn.us.**



I'd like to congratulate my son, Ashton
Fisher, on his freshmen year of football.

I can't begin to explain the amount of
pride I have in you. You're such an amazing
athlete and young man. To be a freshmen
and starting varsity is a huge accomplish-
ment and to have five touchdowns!

I'm so proud to be your mom!
Your #1 fan - Mom

**Free child ID kits from the
Oregon State Police
503-934-0188 or 800-282-7155;
child.idkits@state.or.us**

Passages Policy
Submissions to Passages are limited to two 25-word items per person, plus one photo if desired.
All birthday, anniversary and holiday wishes will appear in the Passages section.
Siletz News reserves the right to edit any submission for clarity and length.
Not all submissions are guaranteed publication upon submission.
Please type or write legibly and submit via e-mail when possible.

Nesika Illahee Pow-Wow
Attention Siletz Tribal Artists
The Pow Wow Committee is once again having a logo contest for the upcoming pow-wow in August 2019.
All Siletz Tribal artists are encouraged to submit a pow-wow-themed logo. The winning logo artist will receive a cash prize of \$300 and a professional banner with your logo. The winning artist will have his/her logo highlighted on Nesika Illahee Pow-Wow flyers and merchandise.
Please submit your artwork to the cultural education director's office at the Tribal Community Center or mail it to Confederated Tribes of Siletz Indians, Attn: Pow-Wow Logo Contest, P.O. Box 549, Siletz, OR 97380-0549.
All entries must be received no later than Feb. 22, 2019.
Royalty Crown Proposals
The Pow-Wow committee is now accepting proposals for 2019-2020 royalty crowns. Proposals are being accepted for Miss Siletz, Junior Miss Siletz and Little Miss Siletz.
Proposals for a crown are required to include art design, size of the crown and a bid for the crown or crowns of your interest. Proposals can be submitted for individual crowns, two crowns or you can submit a bid for all three crowns.
Crown proposals must be turned in to the committee no later than Feb. 22, 2019.
Proposals can be sent to Siletz Pow-Wow Committee, P.O. Box 549, Siletz, OR 97380-0549.
If you have any questions, contact Buddy Lane at 800-922-1399, ext. 1230, or 541-444-8230.